

ARLINGTON REFORMED CHURCH



9.24.2023

22 Raymond Avenue
Poughkeepsie, New York 12603
845-454-2704
arlingtonreformedchurch.org
admin@arlingtonreformedchurch.org

We are glad you are here!

We are a community of believers in Jesus Christ that exists to glorify God by making disciples of Jesus Christ by the power of the Holy Spirit. We seek to fulfill this mission by loving God, loving one another, and loving our neighbors.

We are a church that seeks to love God with our whole heart. We love our heavenly Father because he first loved us and sent his only Son to reconcile us to himself and to each other.

We are a church that seeks to love one another, just as Jesus loved us and gave himself for us; sacrificially and willingly. We pray for, serve, and encourage one another.

We are a church that seeks to love our neighbors as ourselves. Following the Holy Spirit, we promote the welfare of our neighborhood and proclaim the good news about Jesus in our communities.

We hope that you will stay for a bit after worship for refreshments and conversation in our fellowship hall. We'd love to meet you and have you meet us.

Today's Ministry Team

Preservice Snack Fellowship:	Sahawnehs/Canadays
Greeters:	Matt Sahawneh, Stephanie Barton, Randy Zoodsma
Reader:	Dawn Kostenko
Message:	Pastor Frank Gallo
Music:	Cynthia Canaday, Ian Canaday, Rob Grant, Desiree Gagnon, Erica Hosch Pat Becker
Sound Board:	Pat Becker
Children's Message:	Ruth Zoodsma
First Steps(6 mos-2 nd):	Josie Sahawneh
Arlington Kids(3 rd -6 th):	
Snack Fellowship:	Sahawnehs/Canadays



TODAY'S ORDER OF WORSHIP

10:30AM PRESEVICE

All are welcome to gather early in the fellowship hall for beverages and morning snacks.

11AM SERVICE

WE GATHER

Welcome
Announcements



DRAW NEAR TO GOD

Opening Prayer

Call to Worship

from Revelations 4:8, 5:12-13

Singing

"Be Unto Your Name"

Call to Prayer

Singing Our Prayers

"Here's My Heart"

"Once and for All"

Children's Message

Ruth Zoodsma

Singing

"Psalm 121(I Lift My Eyes)"

GOD'S WORD AND SACRAMENT

Prayer of Illumination

Romans

Pastor Frank Gallo

Prayer of Blessing

RESPOND TO GOD

Prayer of Thanksgiving and Intercession

Singing Our Benediction

"The Blessing"

12PM POST SERVICE SNACK

All are welcome to gather in the fellowship hall for snacks and beverage before heading out into your week if you are able.

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# TYPICAL WEEKLY CHURCH SCHEDULE

## Sunday

### Preservice

10:30am Coffee and Snacks Before Service

### Worship Service

11:00am Worship Service (Lord's Supper 1<sup>st</sup> Sunday)

Arlingtonville Children's Ministries:

Arlington First Steps-6 Mos-Age 5 11:00am

Children's Message for all during service

Arlington Kids- K-2<sup>nd</sup> and 3<sup>rd</sup>-6<sup>th</sup> at 11:20am

### Linger Longer

12:00pm Snacks or Fellowship Lunch

## Tuesday

6:00pm Unshakeable Bible Study (conference room)

6:00pm 2<sup>nd</sup> Tuesday consistory meeting

## Wednesday

5:30pm Salt of the Earth: Sermon and Supper

## Thursday

6:00pm Worship Team practice as scheduled

6:30pm The Church of the Lord Jesus Christ(lounge)

## Friday

7:00pm WHEN ANNOUNCED--open mic, movie, a prayer & worship night, social events!



# OCTOBER THROUGH DECEMBER CALENDAR

## OCTOBER

- 01-Lord's Supper Sunday-Shepherd Pie Fellowship Meal
- 08-Thank You! Appreciation Sunday
- 15-Collection for Thanksgiving Food Baskets Begins
- 29-Praise and Testimony Service! Remembrance Day  
Arlington Kids Holiday Art Craft



## NOVEMBER

- 05-Lord's Supper Sunday-Fellowship Meal Daylight Saving!  
Fall Congregational Meeting
- 19-Service of Thankfulness w/Pie Fellowship  
Thanksgiving Food Baskets Assembled

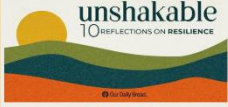


## DECEMBER

- 02-Arlington Holiday Parade and Festival
- 03-Lord's Supper Sunday-Casserole Fellowship Meal.  
1<sup>st</sup> Sunday of Advent
- 10-2<sup>nd</sup> Sunday of Advent
- 15-All Church Advent/Christmas Dinner Event
- 17-3<sup>rd</sup> Sunday of Advent-Arlington Kids Party
- 24-4<sup>th</sup> Sunday of Advent  
Christmas Eve Candlelight Service
- 31-Carols Praise and Testimony Service



*Bible Study*  
**unshakable**  
10 REFLECTIONS ON RESILIENCE



**TUESDAYS**  
CONFERENCE ROOM  
SEPT 12-NOV 28TH  
6-7:15 PM

See or Contact: Rob Grant  
845-686-0392

**ARLINGTON REFORMED CHURCH**  
22 Raymond Avenue  
Poughkeepsie, NY 12603  
845-454-2704/arlintonreformedchurch.org

*Bible Study*  
**THE CHURCH OF THE LORD JESUS CHRIST**



**THURSDAYS**  
DOWNSTAIRS LOUNGE  
SEPT 14-NOV 30  
6:30-8 PM

Arlington Reformed Church  
22 Raymond Avenue  
Poughkeepsie, NY 12603  
845-454-2704  
arlintonreformedchurch.org

See or Contact  
Richard Gagnon  
845-418-1076

*Thank You!* Sunday, October 8th  
**Appreciation Sunday**

A service where our singing, prayers and sermon will focus on God's desire for us to be a thankful, appreciative people on all occasions!

We will also take time to show appreciation to Pastor Frank Gallo for his five year ministry with us. A cake celebration follows service.

arlingtonreformedchurch.org

November 05, 2023

Worship, Lunch and Fall Congregational Meeting

Reneo House, PhD, supervisor to Arlington Reformed Church, will be our guest preacher.

Following service we will have our annual congregational meeting over lunch. The 2024 budget will be presented and 2024 nominations to consistory will be elected.

We hope you will all plan to attend this special service and to stay for lunch and the meeting.

2024 Consistory Nominations: Nominations will be published in the bulletin in the weeks ahead. If you have someone you would like to recommend, or are interested yourself, please see Cynthia Canaday.



**SUNDAY MORNING MESSAGE RECORDINGS**

Recorded Messages can be found on the website.

**WEBSITE**

Visit the church website at arlingtonreformedchurch.org for information about the church schedules/ministries.

**CHURCH FAMILY LIFE**

Please see Cynthia Canaday, Church VP Elder and Administrator if you are interested in membership, baptism, would like a home visit, or have a question or suggestion about the spiritual life of the church. Cynthia can be reached at (845)546-1634.

**PASTOR FRANK GALLO** Pastor Frank is available at the church, Mondays from 9am-12pm for appointments. He can be reached for conversation or to set up a time to connect at: (845) 546-7106

**2023 CONSISTORY**

- Elder: Dawn Kostenko    Elder: Rob Grant
- Elder: Ann Veeder      Elder: Cynthia Canaday
- Deacon: Jerry Canaday    Deacon: Shahla Tariq
- Deacon: Stephanie Kinney

We welcome your questions or suggestions. Consistory Meeting minutes and reports are available in the office.

**SALT OF THE EARTH SERMON AND SUPPER**

Salt of the Earth (SOTE) is a shared ministry of Arlington Reformed Church and Mission Church. SOTE meets on Wednesday evening from 5:30-7:30pm. It is both a church ministry and community outreach. Members from both churches attend and many people from the community participate in SOTE. SOTE starts in the sanctuary at 5:30pm for ½ hour of worship followed by a ½ hour sermon. At 6:30pm everyone moves into the fellowship hall for a full meal starting with soup and ending with dessert. The ministry and the cost of this ministry are shared by both churches. If you would like to serve at SOTE in any capacity, please see Cynthia!

## **LOVE INC (IN THE NAME OF CHRIST)**

Personal care items cannot be purchased with SNAP benefits (food stamps) and are rarely available at food pantries.

Want to help? We are collecting items to restock the Love INC pantry shelves. Get involved today by simply going shopping and then bring one of the below items to church and put it in the basket provided. Questions? See Ruth Zoodsma.

### **Most needed items:**

|              |                              |
|--------------|------------------------------|
| Dish soap    | Lotion (Regular & Unscented) |
| Toilet paper | Laundry detergent            |
| Paper towels | Body Wash (Men & Women's)    |

## **FOOD COLLECTION MINISTRY**

There are food bags at the console table inside the sanctuary door for canned and boxed food donations for Dutchess Outreach to help feed the food insecure in our community.

## **OFFERINGS**

The plates at the front of the sanctuary are for your financial offerings. The smooth running of the church and our outreach into the community depends on the financial offerings of the church family along with the building use income we receive.



For online giving, go to the website or scan this QR code. We appreciate your contributions.

## **PLEASE KEEP THE FOLLOWING IN PRAYER**

1. Rob Grant's father, Delfar. He lives in Oklahoma and his health is declining.
2. Arlene and Hugo Becker, Pat's stepmother and father with declining health.
3. Wendy Bohlinger with long term health issues back in the hospital.
4. Marie Sitler home recovering from back surgery.
5. Kathy Regan, Liz Fonda's sister, with stage 4 bone cancer.
6. Nancy Plass is receiving physical therapy at home after hip surgery from a fall.
7. Shahla's husband, Tariq, ill in Pakistan, hoping to travel to the USA for medical care.
8. Kay Stilwell with a few broken bones in her wrist from a fall, requiring surgery this Tuesday.
9. Audrey Canaday, Jerry and Cynthia Canaday's daughter, diagnosed with hypercalcemia with parathyroid issues requiring biopsies and probable surgery.
10. Andrew Canaday injured his shoulder and is having an MRI to determine outcome.
11. Maddy, Dawn Kostenko's granddaughter, is recovering from a concussion while playing field hockey.
12. Beth Walker, Jr., Nancy Plass's granddaughter, is having her left kidney removed this week due to cancer.
13. The college students, youth, and children of Arlington Reformed Church as they return to school.

## TODAY'S WORSHIP

All songs and responsive readings are in the bulletin.  
**BOLD** invites your participation.

### WE GATHER

#### Welcome and Announcements

### DRAW NEAR TO GOD

#### Opening Prayer

#### Call to Worship

*from Revelations 4:8, 5:12-13*

Holy, holy, holy, is the Lord God Almighty, who was and is and is to come! Every creature which is in heaven and on the earth and under the earth and such as are in the sea, and all that are in them, will say: "Blessing and honor and glory and power be to Him who sits on the throne, and to the Lamb (Jesus), forever and ever! Worthy is the Lamb who was slain to receive power and riches and wisdom, and strength and honor and glory and praise! Sing praise unto His Name!

#### Singing Our Praise

"Be Unto Your Name"

**We are a moment You are forever, Lord of the ages God before time**

**We are a vapor You are eternal, Love everlasting reigning on high**

#### Chorus

**Holy holy Lord God Almighty, worthy is the Lamb Who was slain**

**Highest praises honor and glory, be unto Your name, be unto Your name**

**We are the broken You are the healer, Jesus Redeemer mighty to save**

**You are the love song we'll sing forever,**

**Bowing before You blessing Your name**

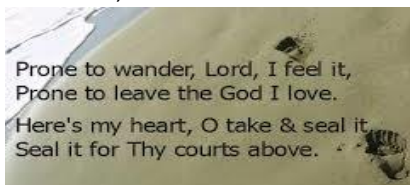
**Chorus**

**Be unto your name, Be unto your name**

#### Call to Prayer

1 John 1:5-8 & 10

This is the message we have heard and declare to you: God is light; in him there is no darkness at all. If we claim to have fellowship with him and yet walk in the darkness, we lie and do not live out the truth. But if we walk in the light, as he is in the light, we have fellowship with one another, and the blood of Jesus, his Son, purifies us from all sin. If we claim to be without sin, we deceive ourselves, if we claim we have not sinned, we make him out to be a liar."





## **Singing Our Prayer**

“Here’s My Heart”

(Let the words of my mouth and the meditation of my heart Be acceptable in Your sight,  
O Lord, my strength and my Redeemer. Psalm 19:14)

**Here’s my heart Lord, here’s my heart Lord**

**Here’s my heart Lord, speak what is true**

**Here’s my heart Lord, here’s my heart Lord**

**Here’s my heart Lord, speak what is true**

**I am found I am Yours, I am loved, I’m made pure**

**I have life, I can breathe, I am healed, I am free**

**Here’s my heart Lord, here’s my heart Lord**

**Here’s my heart Lord, speak what is true**

**I am found I am Yours, I am loved, I’m made pure**

**I have life, I can breathe, I am healed, I am free**

**‘Cause You are strong, You are sure,**

**You are life, You endure, You are good, always true,**

**You are light breaking through**

**Here’s my heart Lord, here’s my heart Lord**

**Here’s my heart Lord, speak what is true**

**Here’s my life Lord, here’s my life Lord**

**Here’s my life Lord, speak what is true, speak what is true, speak what is true**

## **Singing Our Prayer**

“Once and For All”

(Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light. Matthew 11:28-30)

**God I give You what I can today**

**These scattered ashes that I hid away**

**I lay it all at Your feet**

**From the corners of my deepest shame**

**The empty places where I’ve worn Your name**

**Show me the love I say I believe**

**Help me to lay it down, O Lord I lay it down**

**O let this be where I die, My Lord with Thee crucified**

**Be lifted high as my kingdoms fall, Once and for all once and for all**

**There is victory in my Savior’s loss**

**In the crimson flowing from the cross**

**Pour over me pour over me**

**O let this be where I die, My Lord with Thee crucified**

**Be lifted high as my kingdoms fall, Once and for all once and for all**

O Lord I lay it down, O Lord I lay it down  
Help me to lay it down, O Lord I lay it down

O let this be where I die, My Lord with Thee crucified  
Be lifted high as my kingdoms fall, Once and for all once and for all  
Once and for all once and for all

**Assurance**

1 John 1:9, 2:10

If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness. Jesus is the atoning sacrifice for our sins, and not only for ours but also for the sins of the whole world.

**Children's Message**

Ruth Zoodmsa

**Singing**

"Psalm 121(I Lift My Eyes)"

I lift my eyes up to the hills  
From where does my help come?  
My help comes from the Maker of  
The heavens and the earth  
He will not let my foot be moved He keeps my journey safe

O my soul praise the Lord Most High, strong to save He upholds my life  
Forevermore He will be my light, I lift my eyes up to the Lord Most High

He is the shade at my right hand  
My shelter in the storm  
No sun by day nor moon by night  
Shall ever bring me harm  
He will not slumber will not sleep He watches all my ways

O my soul praise the Lord Most High, strong to save He upholds my life  
Forevermore He will be my light, I lift my eyes up to the Lord Most High

I lift my eyes up to the hills  
From where does my help come  
My help comes from the Maker  
Of the heavens and the earth  
The God of Israel is my guide wherever I may go  
And in His strength I will abide until He leads me home

O my soul praise the Lord Most High, strong to save He upholds my life  
Forevermore He will be my light , I lift my eyes up to the Lord Most High  
I lift my eyes up to the Lord most High

## HEAR GOD'S WORD AND SACRAMENTS

### Prayer of Illumination

Book of Romans

Pastor Frank Gallo

### Prayer of Blessing

## WE RESPOND TO GOD

### Prayers of Thanks w/Lord's Prayer and Peace

All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for yours is the kingdom, and the power and the glory forever, Amen.

(Col. 3:15) Let the peace of Christ rule in your hearts, since as members of one body you are called to peace. The peace of the Lord be always with you. **And also, be with you.**

### Singing Our Benediction

"My Blessing"

The Lord bless you and keep you

Make his face shine upon you and be gracious to you

The Lord turn his face toward you and give you peace

Amen, Amen, Amen-Amen, Amen, Amen

The Lord bless you and keep you

Make his face shine upon you and be gracious to you

The Lord turn his face toward you and give you peace

Amen, Amen, Amen-Amen, Amen, Amen

### Snack Fellowship

### Notes:

## LIFE AT ARLINGTON REFORMED CHURCH

**COME EARLY ANY SUNDAY:** At 10:30 for beverages and snacks preservice in our fellowship hall.

**RELAX AND MAKE YOURSELF AT HOME:** Arlington Reformed Church is a diverse group of people, a congregation transformed and gathered by the grace of our loving Lord, offering new life and hope through the love of God and the life and teachings of Jesus.

**ARLINGTONVILLE CHILDREN:** On Sundays, care is provided for children aged 5 years and under in the First Steps room. Children aged 6-11 are dismissed around 11:15 to the Arlington Kids class where they are engaged in activities that will help them learn to make wiser choices, build stronger relationships, and develop a deeper authentic faith.

**LET US KNOW YOU WERE HERE:** Fill out the Connection Card (found in the pew rack in front of you). Drop it in the offering plate at the front of the sanctuary for us-we appreciate this. You can also send us an email through the website or leave us a voice message on the church phone.

**LINGER LONGER:** We have snacks and beverages after service, and sometimes a meal. Hang around, get to know one another.

**COME BACK:** Grow in faith, connection, service others.

**GET INVOLVED:** We have midweek studies and Saturday pancake breakfasts as advertised. We have other social and recreation events scheduled throughout the year-check out your bulletin, view the bulletin board for upcoming events or visit the website. You can also find us on social media.



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