

# Welcome to the Arlington Reformed Church



Lord's Supper and Lunch  
Fellowship

**APRIL 2, 2023**

22 Raymond Avenue  
Poughkeepsie, NY 12603  
845-454-2704  
[arlingtonreformedchurch.org](http://arlingtonreformedchurch.org)  
[admin@arlingtonreformedchurch.org](mailto:admin@arlingtonreformedchurch.org)

## We are glad you are here!

With pleasure we greet all who have gathered for this time of worship. Whoever you are, wherever you are on life's journey, we are thankful that you are with us today.

We are a community of believers in Jesus Christ that exists to glorify God by making disciples of Jesus Christ by the power of the Holy Spirit. We seek to fulfill this mission by loving God, loving one another, and loving our neighbors.

We are a church that seeks to love God with our whole heart. We love our heavenly Father because he first loved us and sent his only Son to reconcile us to himself and to each other.

We are a church that seeks to love one another, just as Jesus loved us and gave himself for us; sacrificially and willingly. We pray for, serve, and encourage one another.

We are a church that seeks to love our neighbors as ourselves. Following the Holy Spirit, we promote the welfare of our neighborhood and proclaim the good news about Jesus in our communities.

We hope that you will stay for a bit after worship for refreshments and conversation in our fellowship hall. We'd love to meet you and have you meet us.

### TODAY'S MINISTRY TEAM

Preservice Fellowship Hall:	Sandra Cox
Greeters:	Matt Sahawneh, Ann Veeder, Bernie Cioffoletti
Reader:	Ruth Zoodsma
Lord's Supper	Dawn Kostenko
Music:	Frank Gallo, Paul Mancarella, Sandra Cox, Desiree Gagnon
Sermon:	Frank Gallo
First Steps:	Josie Sahawneh
Arlington Kids:	Marlea Liguori
Fellowship Lunch	Cynthia Canaday and Many Hands!

# CHURCH INFORMATION

## TYPICAL WEEKLY CHURCH SCHEDULE

### Sunday

#### Preservice

10:30am Coffee and Snacks Before Service

#### Worship Service

11:00am Praise, Sermon, Prayer  
(Lord's Supper 1<sup>st</sup> Sunday)  
Arlingtonville Children's Ministries  
Arlington First Steps-Infant-Age 4  
Arlington Kids-Ages 5-11

#### Linger Longer

12:00pm Snacks or Fellowship Lunch

### Tuesday

6:00pm 2<sup>nd</sup> Tuesday of the month consistory meeting  
4<sup>th</sup> Tuesday of month consistory training

### Wednesday

5:30-7pm Salt of the Earth/MC/ARC Sermon and Supper

### Thursday

6:00pm Worship Team Practice as scheduled.

### Friday

7:00pm Open mic, a movie, or a prayer & worship night  
as announced-check bulletin board and  
website.

### Saturday

8:00am Men's Bible Study-Book of James/Bagels &  
Coffee-Meets on the ground floor lounge

### MAY

07-Lord's Supper Sunday-We Celebrate "Cinco de Mayo"  
with a Mexican Fiesta Lunch w/Mexican Dancers

14-Mother's Day Worship Service

28-Pentecost Celebration Sunday

**ARLINGTON REFORMED CHURCH  
COME CELEBRATE WITH US!**



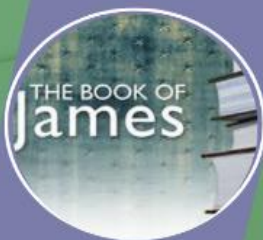
*He is  
Risen*

A Worship Service with special music and readings as we celebrate the resurrection of our Lord! Service is followed by bagels and treats for all who can stay.

**EASTER SUNDAY  
WORSHIP SERVICE  
11AM**

**09 APRIL**

**ALL ARE WELCOMED**



**MEN'S 6 WEEK  
SATURDAY  
MORNING  
BIBLE STUDY**

**STUDY WILL BE  
CO-LED BY:**

Pastor Frank Gallo  
and  
Richard Gagnon

Bagels and coffee will be provided.

Invite a friend!  
All are welcomed!

**TIME** 🕒

8:00 - 09:00AM

**START DATE** 📅

01 April, 2023

**QUESTIONS? SEE  
PASTOR GALLO**

## **WHATS ON THE WELCOME TABLE IN THE FOYER?**

- **SIGNUP WEEKLY EMAIL NEWSLETTER**

Each week, a service newsletter gets emailed on Friday or Saturday. It includes information about Sunday's service and information about upcoming events. Signup!

- **CHURCH BROCHURE**

A brochure about the church and ministries. Pick up a brochure or two for yourself or others!

- **ARLINGTONVILLE CHILDREN'S BROCHURE**

Our children's program Arlingtonville has two classes- Arlington First Steps for children up to age 5 and our Arlington Kids for kids aged 6-11. Pick up a brochure!

- **SPECIAL EVENTS AND OPPORTUNITY FLYERS**

## **SUNDAY MORNING MESSAGE RECORDINGS**

Recorded Messages can be found on the website.

## **WEBSITE**

Visit the church website at [arlingtonreformedchurch.org](http://arlingtonreformedchurch.org) for information about the church schedules/ministries.

## **OFFERINGS**

The plates at the front of the sanctuary are for your financial offerings. The smooth running of the church and our outreach into the community depends on the financial offerings of the church family alone with the building use income we receive. We appreciate your contributions.

## **SERVE WITH PURPOSE MINISTRY**

Everyone can serve-it's what keeps a fellowship of believers vibrant and healthy! Can you send a card? Make and deliver a meal? Provide a ride? Make a call? Please see Stephanie Kinney if you can help...or if need help.

## **DEACON AND OUTREACH FUND MINISTRY**

The Arlington Reformed Church sometimes has requests from people within the church or community for help with needs. Your special donations to this fund are used wisely.

## **WOULD YOU LIKE PRAYER OR A HOME VISIT?**

Please call if you need prayer or would like a home visit. We have a prayer chain with very committed prayers. An elder can visit with you safely if you are shut-in at home.

## **CHURCH FAMILY LIFE**

Please see Cynthia Canaday, Church VP Elder and Administrator. if you are interested in membership, baptism, would like a home visit, or have a question or suggestion about the spiritual life of the church. Cynthia can be reached at (845)546-1634 and is available for appointments during the week.

## **PASTOR FRANK GALLO**

Pastor Frank preaches on Sundays and is available at the church, Mondays from 9am-12pm for appointments. He can be reached for conversation or to set up a time to connect at: (845) 546-7106

## **2023 CONSISTORY**

Elder: Dawn Kostenko      Elder: Rob Grant  
Elder: Ann Veeder      Elder: Cynthia Canaday  
Deacon: Jerry Canaday      Deacon: Shahla Tariq  
Deacon: Stephanie Kinney

We welcome your questions or suggestions. Consistory Meeting minutes and reports are available in the office.

## **SALT OF THE EARTH SERMON AND SUPPER**

Salt of the Earth (SOTE) is a shared ministry of Arlington Reformed Church and Mission Church. SOTE meets on Wednesday evening from 5:30-7:30pm. It is both a church ministry and a community outreach. Members from both churches attend and many people from the community participate at SOTE.

SOTE starts in the sanctuary at 5:30pm for ½ hour of worship followed by a ½ hour sermon. At 6:30pm everyone moves into the fellowship hall for a full meal starting with soup and ending with dessert. The ministry and the cost of this ministry are shared by both churches. If you would like to serve at SOTE in any capacity, please see Cynthia Canaday. Everyone is welcomed!

## **FOOD COLLECTION MINISTRY**

There are food bags at the console table inside the sanctuary door for canned and boxed food donations for Dutchess Outreach to help feed the food insecure in our community.

## **LOVE INC (IN THE NAME OF CHRIST)**

Did you know that personal care items cannot be purchased with SNAP benefits (food stamps) and are rarely available at food pantries?

Want to help? We are collecting items to restock the Love INC pantry shelves. Get involved today by simply going shopping and then bring one of the below items to church and put in the basket provided. Questions? See Ruth Zoodsma.

### **Most needed items:**

Dish soap      Lotion (Regular & Unscented)      Toilet paper      Paper towels      Laundry detergent      Body wash (Men & Women's)

## **PRAYER REQUESTS**

1. Wendy Bohlinger-with multiple long-term health concerns
2. Sam Veeder-ongoing health issues.
3. Our Supervisor, Dr. Renee House's husband, Dr. Richard Ruch, has a detached retina in his right eye causing blindness and requiring treatment that is painful.
4. Hugo Becker-Pat's dad with declining health.
5. Ann Veeder's father-in-law, Harold, with declining health.
6. Peggy Grey-declining health and cancer
7. Audrey Canaday-continuing concerns from a head injury
8. Liz Fonda's sister, Kathy Regan, stage 4 bone cancer.

## **EASTER LILY**

Would you like to purchase an Easter Lily to decorate the sanctuary for Easter and then to take home on Easter Sunday? You can buy your plant(s) in memory of a loved one. Please see or call Ann Veeder. Plants are \$10 each.



## ORDER OF WORSHIP TODAY

**10:30AM**

### **START TOGETHER**

Preservice coffee, tea, and coffee cake and muffins available in the fellowship hall

**11:00AM**

### **WE GATHER TOGETHER AND DRAW NEAR TO GOD**

Welcome and Announcement

Gathering Prayer

Call to Worship *from Zechariah 9*

Singing "Here I am to Worship"

Singing "Open the Eyes of My Heart"

Arlington Kids go to Class

Call to Confession/Prayer of Confession

Silent Prayer

Assurance of Forgiveness *from Psalm 118*

Guide for Grateful Living *Matthew 21:1-11*

Singing "How Great is Our God"

Singing "Revelation Song"

### **GOD'S WORD COMES TO US**

Prayer of Illumination

Sermon

Prayer of Application

### **WE RESPOND TO GOD**

The Lord's Supper

Prayers with The Lord's Prayer and The Peace

Song of Response "King of My Heart"

Sending Prayer and Blessing

**12:00PM**

### **LINGER LONGER**

All are invited to stay for a Special Palm Sunday Lunch  
*(gluten and dairy free snack options are available)*

Songs and the Hymns from "Lift Up Your Hearts" used by permission  
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# GOOD MORNING!

*Please remember to silence your cellphone.*

**Bold** words in the service welcome your participation.

## GATHER AND DRAW NEAR

### WELCOME AND ANNOUNCEMENTS

#### GATHERING PRAYER

##### CALL TO WORSHIP

*from Zechariah 9*

Rejoice greatly, Daughter Zion! Shout, Daughter Jerusalem!  
See, your king comes to you, righteous and victorious, lowly  
and riding on a donkey, on a colt, the foal of a donkey. He  
will proclaim peace to the nations. His rule will extend from  
sea to sea and from the river to the ends of the earth. The  
Lord their God will save his people on that day as a  
shepherd saves his flock. They will sparkle in his land  
like jewels in a crown. How attractive and beautiful they will  
be! Grain will make the young men thrive, and new wine the  
young women. Worship the Lord with gladness; come before  
him with joyful songs and worship.

##### SONG OF PRAISE

“Here I Am to Worship”

**Light of the world, You stepped down into darkness  
Opened my eyes let me see, beauty that made  
This heart adores You, Hope of a life spent with You**

##### Chorus

**So here I am to worship, here I am to bow down  
Here I am to say that You're my God  
And You're altogether lovely, altogether worthy  
Altogether wonderful to me**

**King of all days, oh so highly exalted.**

**Glorious in heaven above. Humbly You came,  
To the earth You created,  
all for love's sake became poor.**

**Chorus**

And I'll never know how much it cost,  
To see my sin upon that cross.  
And I'll never know how much it cost,  
To see my sin upon that cross.

**Chorus**

**SINGING**

“Open the Eyes of My Heart”

Open the eyes of my heart, Lord  
Open the eyes of my heart  
I want to see you, I want to see you

To see You high and lifted up  
Shining in the light of your glory  
Pour out Your power and love  
As we sing Holy, Holy, Holy

Holy, Holy, Holy, Holy, Holy, Holy  
Holy, Holy, Holy. I want to see you



**ARLINGTON KIDS DISMISSED TO CLASS**

**CALL TO CONFESSION/PRAYER OF CONFESSION**

O God, you know us well. We can be quick to speak of faith, but slow to live it fully. We shout "hosanna" as Jesus approaches, as did the people of Jerusalem many years ago; but we might not want him to come too close -- not close enough to really see...

O God, you know us well. We can be quick to claim faith in Jesus as our Lord and Savior; but, like the throng who greeted his entry into Jerusalem, we can be slow to live fully and everywhere as faithful disciples. We often just want things our way...

O God, you know us well. We can be quick to want the blessings of faithfulness; but, like the Twelve who spent the last week with Jesus, we can be slow to accept the pain and suffering of authentic Christ-like living. Forgive our weakness and fear...

*Please take time in silent prayer  
while the worship team plays.*

## **ASSURANCE OF FORGIVENESS**

*from Psalm 118*

Let those who fear the Lord say, His steadfast love endures forever. Out of my distress I called on the Lord; the Lord answered me and set me free. The Lord is my strength and my song; he has become my salvation. I shall not die, but I shall live, and recount the deeds of the Lord. In Christ, God answers us and sets us free! In Christ, we are forgiven! Thanks be to God.

## **GUIDE FOR GRATEFUL LIVING**

*Matthew 21:1-11*

As Jesus and His disciples approached Jerusalem and came to Bethphage on the Mount of Olives, Jesus sent two disciples, saying to them, "Go to the village ahead of you, and at once you will find a donkey tied there, with her colt by her. Untie them and bring them to me. If anyone says anything to you, say that the Lord needs them, and he will send them right away."

This took place to fulfill what was spoken through the prophet: Say to Daughter Zion, "See, your king comes to you, gentle and riding on a donkey, and on a colt, the foal of a donkey. The disciples went and did as Jesus had instructed them. They brought the donkey and the colt and placed their cloaks on them for Jesus to sit on. A very large crowd spread their cloaks on the road, while others cut branches from the trees and spread them on the road. The crowds that went ahead of him and those that followed shouted, "Hosanna to the Son of David!" "Blessed is he who comes in the name of the Lord!" "Hosanna in the highest heaven!" When Jesus entered Jerusalem, the whole city was stirred and asked, "Who is this?" the crowds answered, "This is Jesus, the prophet from Nazareth in Galilee."

## **SINGING**

*"How Great is Our God"*

**The splendor of the King, clothed in majesty,**

**Let all the earth rejoice, all the earth rejoice.**

**He wraps Himself in light, and darkness tries to hide**

**And trembles at His voice, and trembles at His voice**

## **Chorus**

**How great is our God, sing with me  
How great is our God, and all will see how great  
How great is our God**

**And age to age He stands, and time is in His hands  
Beginning and the End, Beginning and the End  
The Godhead three in one, Father Spirit Son  
The Lion and the Lamb, the Lion and the Lamb** Chorus

**Name above all names, worthy of all praise  
My heart will sing, how great is our God  
Name above all names, worthy of all praise  
My heart will sing, how great is our God** Chorus

**SINGING** "Revelation Song"  
**Worthy is the Lamb Who was slain, Holy holy is He  
Sing a new song to Him Who sits on  
Heaven's mercy seat**

**Chorus  
Holy holy holy, Is the Lord God Almighty  
Who was and is and is to come  
With all creation I sing, Praise to the King of kings  
You are my everything, And I will adore You**

**Clothed in rainbows of living color  
Flashes of lightning rolls of thunder  
Blessing and honor strength and glory  
And power be to You the only wise King** Chorus

**Filled with wonder awestruck wonder  
At the mention of Your name  
Jesus Your name is power breath and living water  
Such a marvelous mystery yeah** Chorus

## **HEAR GOD'S WORD**

### **PRAYER FOR ILLUMINATION**

### **SERMON**

**"Luke: The Gospel of the Nobodies"**

## PRAYER OF APPLICATION

### RESPOND

#### LORD'S SUPPER

The Lord's Supper that we are about to celebrate is a feast of remembrance, of communion, and of hope. We come remembering that our Lord Jesus Christ perfectly fulfilled the law, even to death on the cross.

Because of God's eternal covenant of grace, we are accepted. We will never be forsaken. We come to commune with this same Christ who has promised to be with us always. Christ is the true Bread which nourishes us and the Vine in whom we must live if we are to bear fruit. The Holy Spirit unites us into one body and in communion with all believers in the Lord Jesus Christ. So we receive this supper in Christ's love and our affection for one another. **All: We come together to participate in the life of Jesus Christ, to take the bread and to drink the juice as we remember what he taught us, how He sacrificed for us and to remind ourselves of His return.**

Lord, our hearts can be filled with thankfulness, because in Your great love, you did not abandon us in the dark and fearful places of this world, but in Jesus, You came to us, to rescue us, to restore us, and to give us new life. **All: And all who are lost, all who are tired and burdened, all who are frightened and unsafe, all who are sick and broken, can come and find new life as we your children have.**

We remember the way that Jesus showed us His love: On the night he was betrayed, He took bread, and when he had given thanks, he broke it and said: **All: "This is my body, which is for you; do this in remembrance of me."**

**Sharing the Bread**                      *(we take the bread together)*

The bread which we break is the communion of the body of Christ, given for you. Eat and remember.

In the same way, after supper he took the cup, saying,  
**ALL: “This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me.”**

**Sharing the Cup** *(we take the cup together)*

The cup which we drink is the communion of the blood of Christ. Drink and remember.

And now, every time we eat bread like this, and every time we drink juice like this, we remember Jesus, how he lived, how he taught us to live, His everlasting love. When we eat the bread and drink the cup, we proclaim the Lord’s death until he returns for His church.

**PRAYER W/THE LORD’S PRAYER AND THE PEACE**

**All: Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us today our daily bread. And forgive us our debts, as we forgive our debtors. And lead us not into temptation, but deliver us from evil, for yours is the kingdom, and the power and the glory forever, Amen.**

Let the peace of Christ rule in your hearts,  
since as members of one body you are called to peace.  
The peace of the Lord be always with you (Col. 3:15)  
**And also, be with you.**

**SENDING SONG** “King of My Heart”

**Let the King of my heart be the mountain where I run  
The fountain I drink from, oh, He is my song  
Let the King of my heart be the shadow where I hide  
The ransom for my life, oh, He is my song**

**You are good, You are good, oh oh  
You are good, You are good, oh oh**

**And let the King of my heart be the wind inside my sails  
The anchor in the waves oh oh, He is my song  
Let the King of my heart be the fire inside my veins  
The echo of my days, Oh oh, He is my song**

**You're never gonna let,  
You're never gonna let me down  
You're never gonna let,  
You're never gonna let me down**

## **SENDING PRAYER AND BLESSING**

### **LINGER LONGER**

Please stay for our Palm Sunday Fellowship Lunch

### **WHY RED/WHY PALMS?**

- Why do we use the color red in the sanctuary on Palm Sunday? Red represents the Passion of Christ, the fire of the Holy Spirit. It is used again on May 28<sup>th</sup> this year, Pentecost, when we see the disciples filled with the Holy Spirit.
- What do palm branches represent? The palm branch, or palm frond, is a symbol of victory, triumph, peace, and eternal life originating in the ancient Near East and Mediterranean world.
- Why did the people wave palm branches and lay palm branches and their coats on the ground as Jesus rode into Jerusalem? They greeted Jesus not as the spiritual Messiah who would take away the sins of the world, but as a potential political leader/king who would overthrow the Romans. They shouted "Hosanna [meaning "save now"], blessed is he who comes in the name of the Lord, even the King of Israel!"
- Why do churches today hand out palm branches?: On Palm Sunday, people remember Christ's sacrificial death on the cross, praise him for the gift of salvation, and look expectantly to his second coming.



## LIFE AT ARLINGTON REFORMED CHURCH

**COME EARLY ANY SUNDAY:** At 10:30 for beverages and snacks preservice in our fellowship hall.

**RELAX AND MAKE YOURSELF AT HOME:** Arlington Reformed Church is a diverse group of people, a congregation transformed and gathered by the grace of our loving Lord, offering new life and hope through the love of God and the life and teachings of Jesus.

**ARLINGTONVILLE CHILDREN:** On Sundays, care is provided for children aged 5 years and under in the First Steps room. Children aged 6-11 are dismissed around 11:15 to the Arlington Kids class where they are engaged in activities that will help them learn to make wiser choices, build stronger relationships, and develop a deeper authentic faith.

**LET US KNOW YOU WERE HERE:** Fill out the Welcome Card (found in the pew rack in front of you). Drop it in the offering plate at the front of the sanctuary for us-we appreciate this. You can also send us an email through the website or leave us a voice message on the church phone.

**LINGER LONGER:** We have snacks and beverages after service, and sometimes a meal. Hang around, get to know one another.

**COME BACK:** Grow in faith, connection, service others.

**GET INVOLVED:** We have midweek studies and Saturday pancake breakfasts as advertised. We have other social and recreation events scheduled throughout the year-check out your bulletin, view the bulletin board for upcoming events or visit the website. You can also find us on social media.

## ARLINGTON REFORMED CHURCH

22 Raymond Avenue  
Poughkeepsie, New York 12603  
845-454-2704

admin@arlingtonreformedchurch.org  
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